Putting Together What ACT Taught me A case of imaging, physiology and stenting



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History - I

- 66 year old Malay lady diabetes, HTN, lipids
- Prior stent in the mid RCA
- Underwent dobutamine myocardial perfusion study for symptoms of dyspnea on exertion



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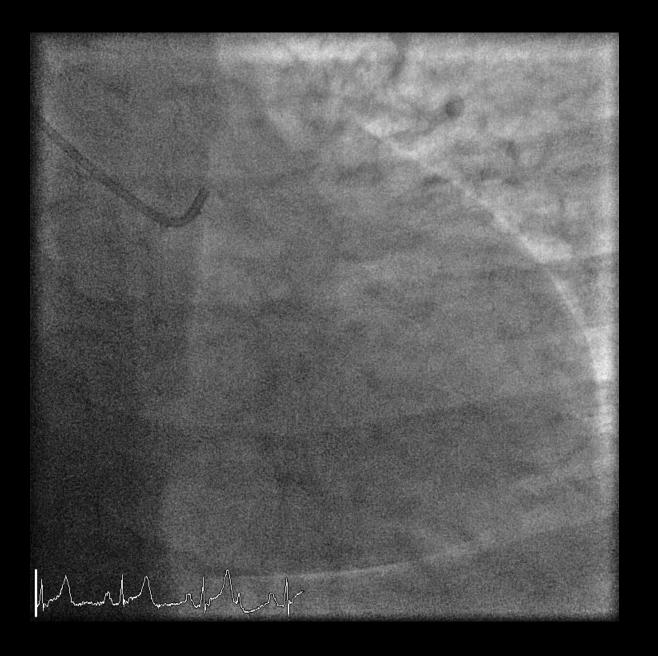
TID ratio 1.56 Gated EF > 60%





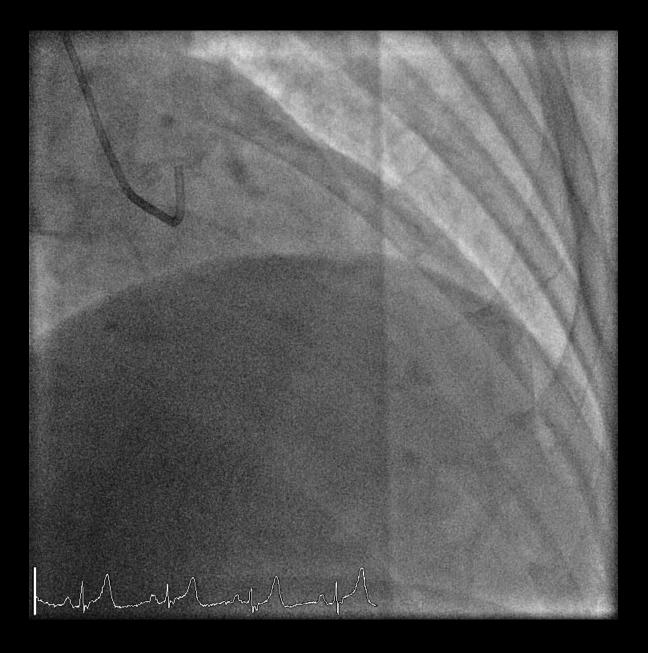
 Due presence of TID and symptoms, patient was brought to catheterization laboratory





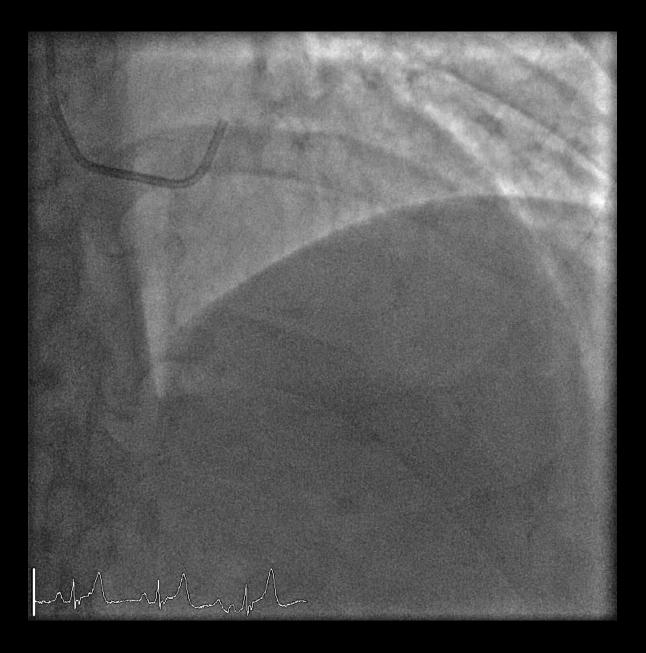
- Right radial approach
- Intraarterial UFH 2000 U+ NTG 200 mcg
- 6F JL 3.5, JR4 diagnostic





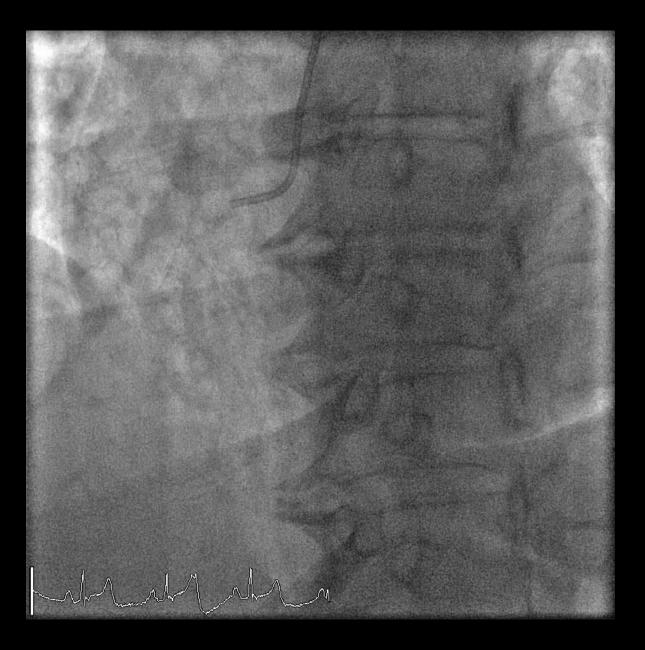
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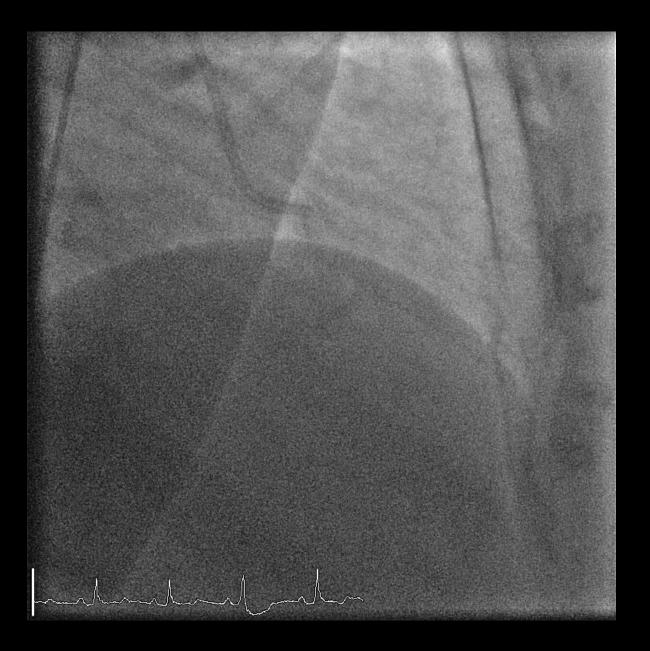
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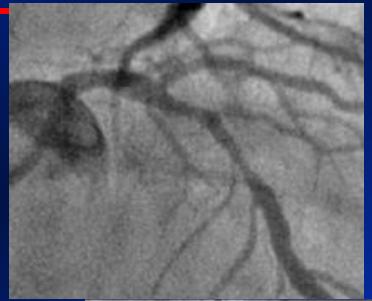


- Right radial approach
- Intraarterial UFH 2000 U+ NTG 200 mcg
- 6F JL 3.5, JR4 diagnostic



What would you do?

- A. Stent the RCA only
- B. Stent the LAD only
- C. Stent both
- D. Functional assessmentE. CABG





FFR 0.62

6F JL 3.5 – no ventricularization

A L

FFR 0.84

ALA

MAA

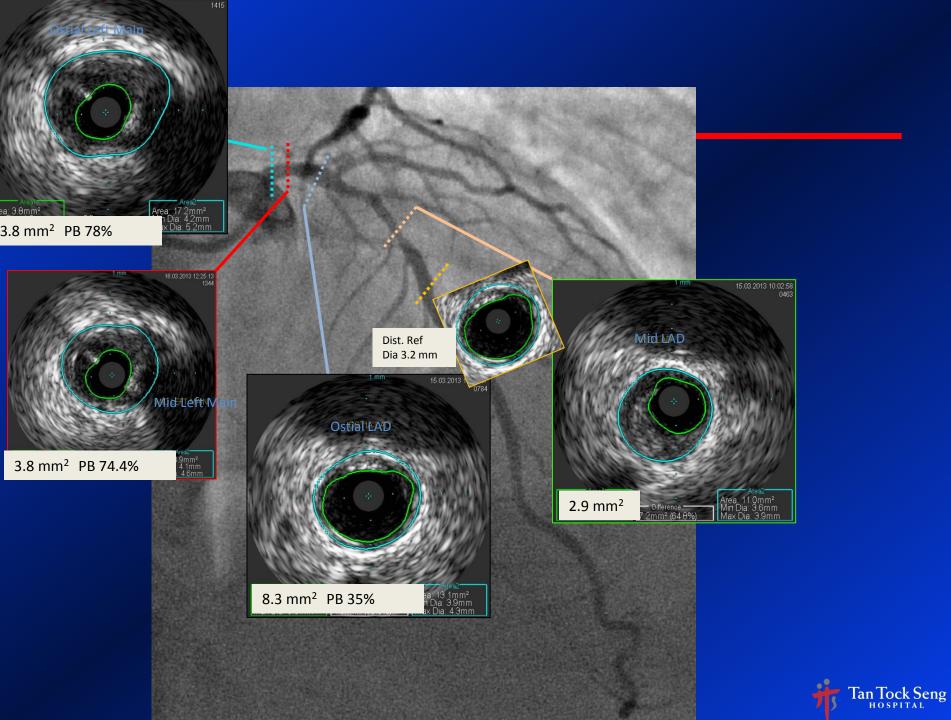


Now that LAD FFR is positive, what would you do?

A. Stent the prox-mid LAD
B. Stent the LAD and left main
C. IVUS then decide
D. CABG







What would you do?

A. Stent the prox-mid LADB. Stent the LAD and left mainC. CABG



Decision Making & Strategy

- In view of significant left main disease CABG considered – patient absolutely not keen
- In view of large plaque burden in left main and high likelihood of patient returning with progression, decided to stent all the way to the left main
 - Another option would have been to stent the LAD and recheck FFR
 - As LCx relatively small, simple cross-over technique



Pharmacology

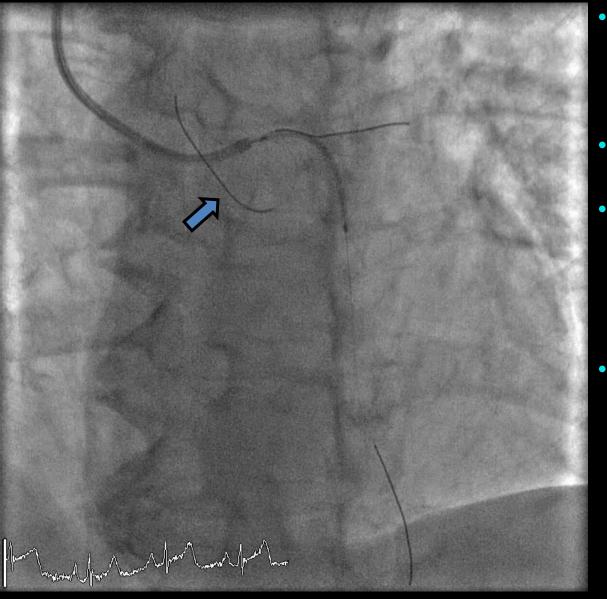
- Ticagrelor 180 mg loaded
- Additional UFH given intra-arterially





- Pressure wire swapped for Runthrough floppy
- LCx wired with Sion wire
- LAD and left main dilated with
 - Trek 2.25 x 15
 - NC Trek 3.5 x 15





- Xience 3.5 x 38 mm DES deployed from ostium of LM to mid LAD
- Used "sepal" wire technique
 - Additional wire in
 aorta to prevent guide
 from being "sucked
 in" during stent
 withdrawal
- LAO cranial view





From: Optimizing Outcomes During Left Main Percutaneous Coronary Intervention With Intravascular Ultrasound and Fractional Flow Reserve: The Current State of Evidence

J Am Coll Cardiol Intv. 2012;5(7):697-707. doi:10.1016/j.jcin.2012.02.018

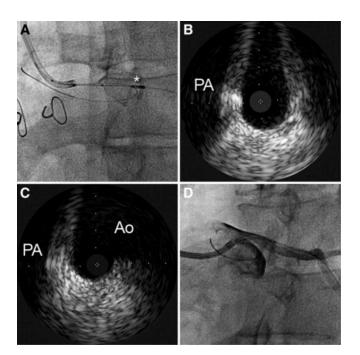
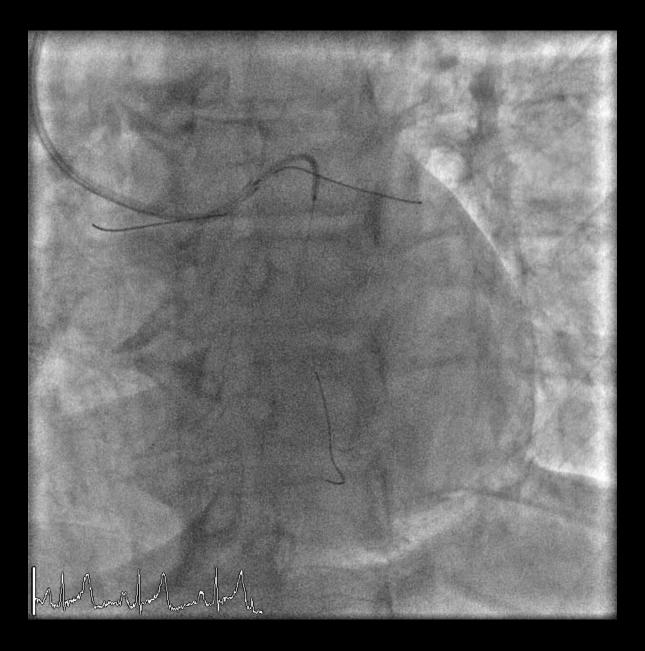


Figure Legend:

"Sepal" Wire Technique

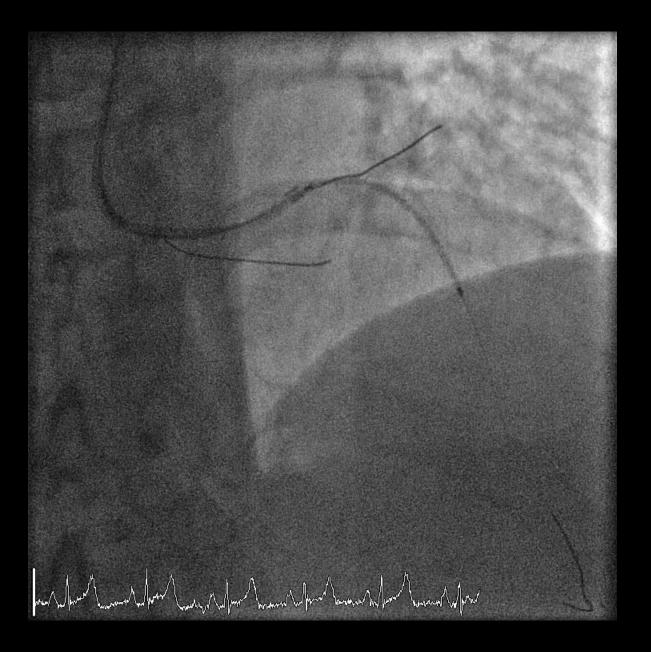
The "Sepal" wire technique for aorto-ostial left main coronary artery (LMCA) stenting in a patient who presented with syncope and was found to have extrinsic LMCA compression by the pulmonary artery (PA). (A) An additional workhorse coronary guidewire seated within the aortic (Ao) cusp ("Sepal" wire), with intravascular ultrasound marking of the true ostium taking place (white asterisk). (B) The slit-like compression of the LMCA from the PA; (C) the aorto-ostial region of the LMCA. The "Sepal" wire enables the guiding catheter to be withdrawn from the LMCA ostium, and Ao cusp injection allows identification of Televant anatomical tandmarks. Additionally, fine positioning of the stent can be undertaken, because the anchor provided by the "Sepal" wire prevents the guiding catheter from being "sucked" into the LMCA when one pulls back with the stent to cover the ostium (D shows optimal positioning of the stent according to intravascular ultrasound marking).

Tan Tock Seng



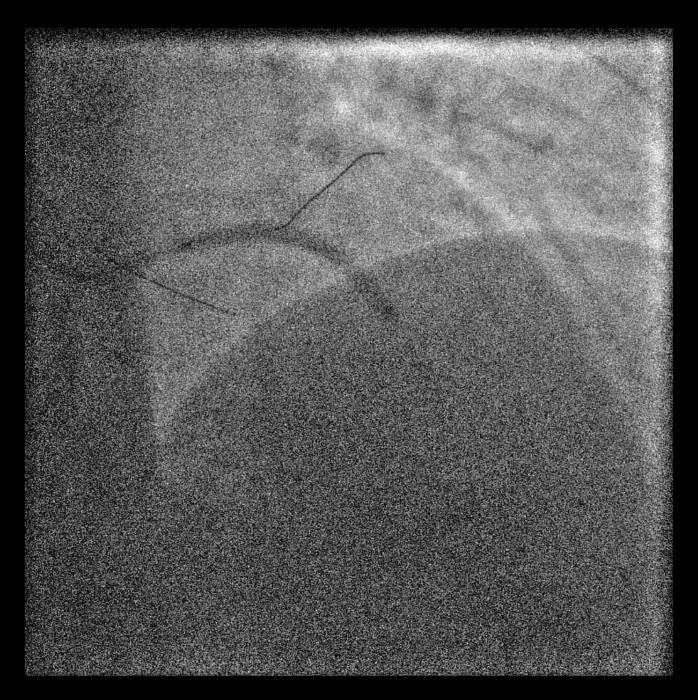
LAO view





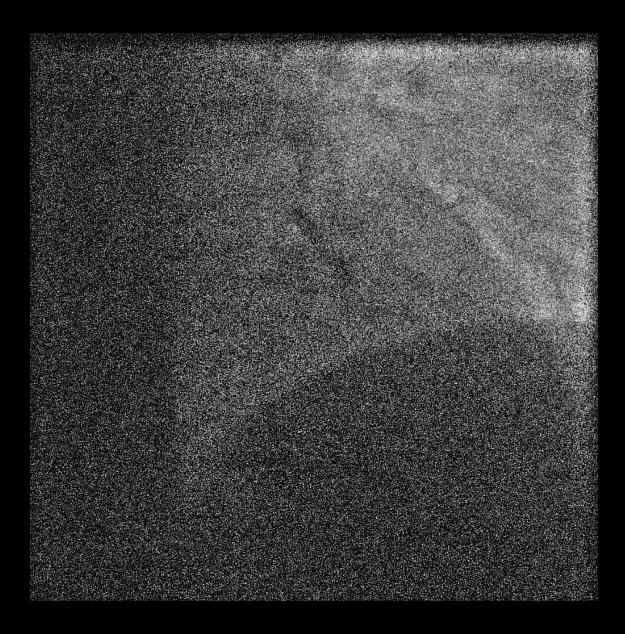
• AP cranial view





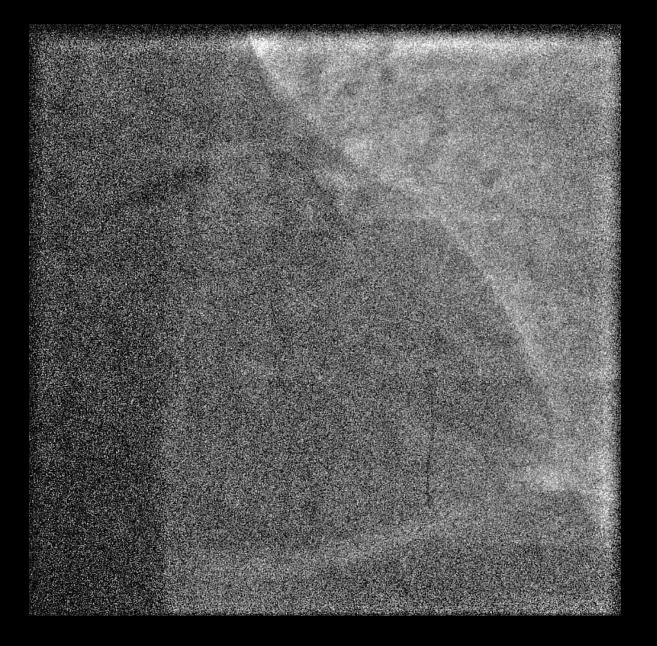
• Stent deployment





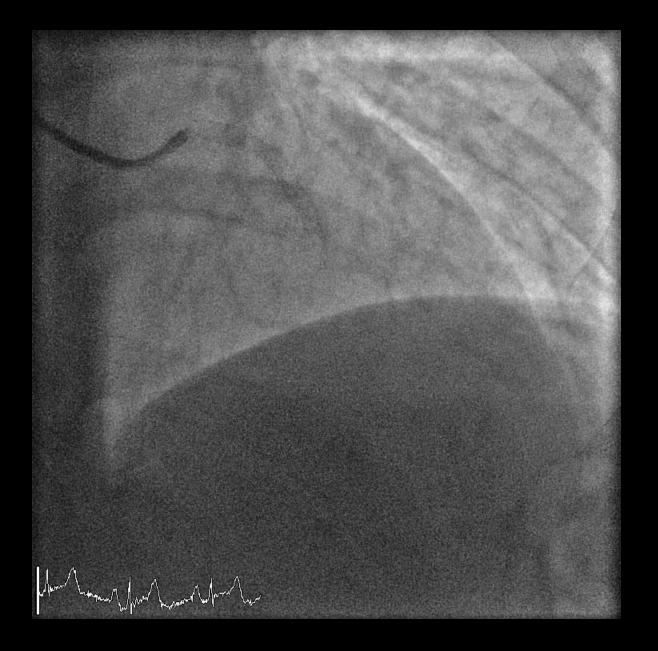
- Post dilated with 3.5 mm NC
- Note: wire in aorta kept in place to prevent guide jamming into ostial stent





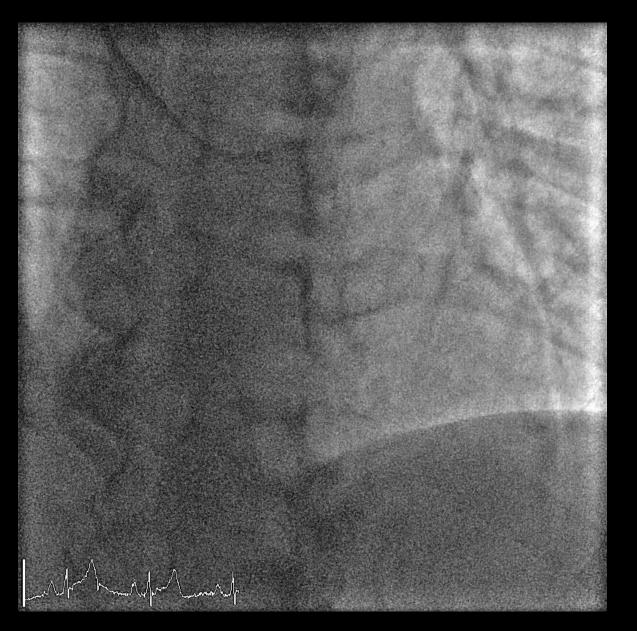
 Proximal stent post dilated with NC Trek 4.0 x 12 balloon





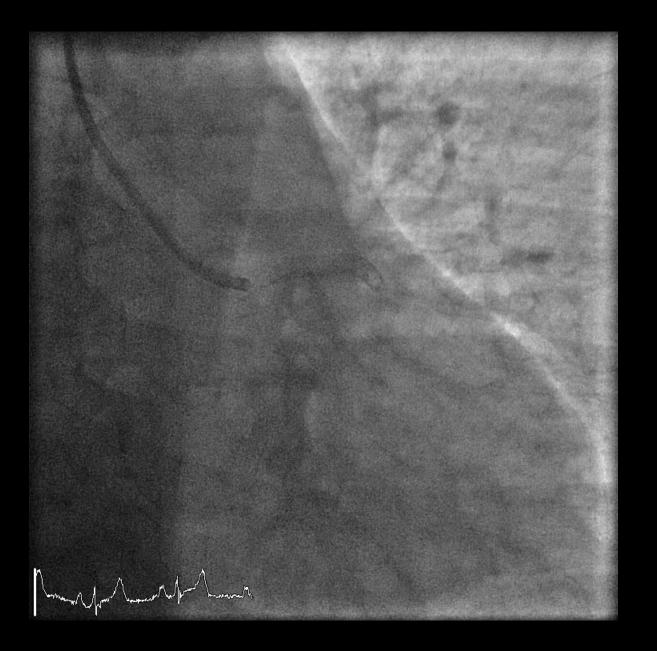
Final





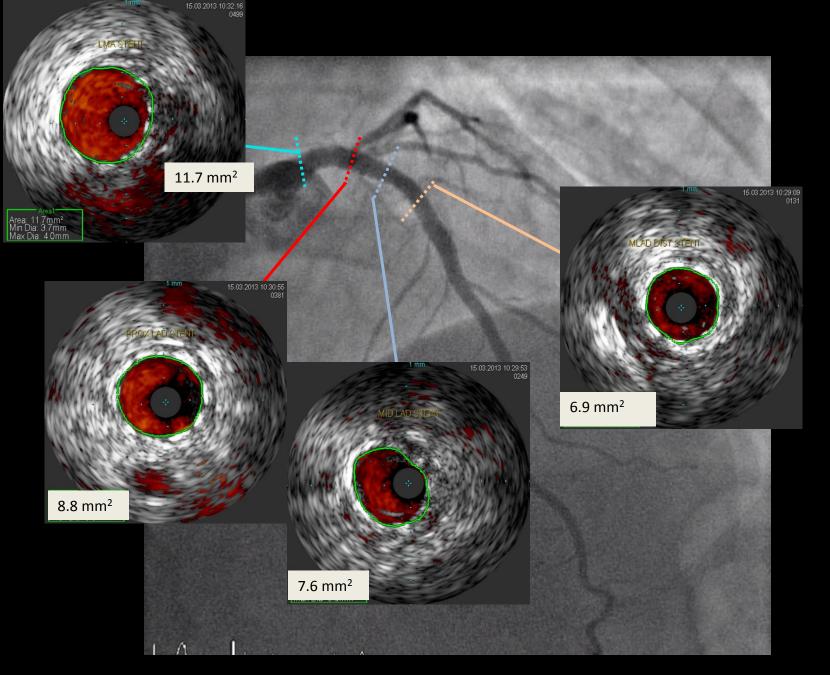
• Final





• Final







Conclusions - I

- Transient ischemic dilatation on SPECT imaging points towards severe ischemia and/or multivessel disease
- In the absence of a perfusion defect TID is less specific but merits serious evaluation



Conclusions - II

- FFR provides conclusive assessment of the functional significance of disease
 - It evaluates the left main and LAD as a "UNIT" and computes the total flow loss over the lesion
- IVUS provides immaculate <u>structural</u> data on vessel size and degree of plaque
 - In this case, extensive plaque in the left main was not so evident on angiogrpaphy
- IVUS provides excellent assessment adequacy of stent deployment



Conclusions - III

- IVUS and FFR provide mutually exclusive and complimentary information
- The simple rule remains
 - FFR is to decide whether or not to intervene
 - IVUS is to decide how to best treat
- In the above case IVUS found extensive left main plaque
 - IVUS enabled more "complete" treatment



